



Mother/Daughter Program

Exploring the beauty and wonder of God's plan for becoming a woman

Sunday, April 19, 2009

For 10*-12 year old girls

1:00-4:00 p.m. (*Eastern*)

St. Joseph Catholic Church/Kundek Hall, Jasper

Topics include: why it is great to be a girl, what God's plan is for our bodies, the changes in a young woman as puberty begins, explanation of ovulation and subsequent menstrual periods, why we are all a masterpiece, the sacredness of human life and a question & answer session.

The purpose of the program is to provide an atmosphere of love and learning to discuss the important topic of growing up and to establish a foundation for continued communication between the parent and child. The program is presented by Natural Family Planning teachers and promoters who will emphasize respect, understanding and appreciation for God's gifts.

Cost is \$20 per family. Seating is limited. Please complete the reservation form below and mail it with a check for \$20 to the address below.

**Girls younger than 10 who are already developing and showing signs of puberty are also welcome to attend.*

MOTHER/DAUGHTER PROGRAM RESERVATION FORM

April 19, 2009

Mother's name _____

Daughter's name _____ Age _____ Daughter's name _____ Age _____

Address _____

City, State, Zip _____

Home phone _____ Work phone _____ School _____

Please mail with your \$20 registration fee to:

Catholic Charities
123 N.W. 4th Street, Suite 603
Evansville, IN 47708

***If you have questions please call Emily Snipes, Family Life Coordinator (812) 423-5456**